

STAT LINE

Q4 Health Measures from the National Health Interview Survey,
January–December 2012 | Issue #2-13, June 18, 2013 |

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HEALTH BEHAVIORS

SMOKING				(Current Smokers, Adults Age 18+)
2012	2007	2002	1997	
18.0%	19.7%	22.4%	24.7%	
OBESITY				(Self-Reported, Age 20+)
2012	2007	2002	1997	
28.9%	26.7%	23.9%	19.4%	
PHYSICAL ACTIVITY				(Adults 18+ who met federal fitness guidelines**)
2012	2007	2002	1997	
20.2%	16.5%	16.8%	16.3%	
ALCOHOL CONSUMPTION				(5 or more drinks in 1 day over the past year***)
2012	2007	2002	1997	
22.5%	20.4%	19.9%	21.4%	
HIV TESTING				(Adults 18+ who have ever been tested)
2012	2007	2002	1997	
34.8%	36.6%	34.5%	31.8%	

HEALTH CARE

HEALTH INSURANCE				(All ages without coverage)
2012	2007	2002	1997	
14.7%	14.5%	14.7%	15.4%	
USUAL PLACE FOR MEDICAL CARE				(Total % with a usual place for care)
2012	2007	2002	1997	
85.8%	86.6%	87.6%	86.2%	
OBTAINING NEEDED MEDICAL CARE				(Total % who failed to get care due to cost)
2012	2007	2002	1997	
6.2%	5.8%	4.7%	4.5%	
INFLUENZA VACCINATION				(Adults ages 18-49 who were vaccinated)
2012	2007	2002	1997	
25.2%	17.6%	16.2%	13.6%	
PNEUMOCOCCAL VACCINATION				(Adults age 65+ who were vaccinated)
2012	2007	2002	1997	
59.9%	57.7%	56.0%	42.4%	

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HEALTH STATUS

GENERAL HEALTH STATUS

(Total % in very good or excellent health)

2012	2007	2002	1997
65.8%	66.0%	67.4%	68.5%

PERSONAL CARE NEEDS

(Adults 65+ who need help with personal care)

2012	2007	2002	1997
6.4%	6.9%	6.2%	6.6%

SERIOUS PSYCHOLOGICAL DISTRESS

(Experienced over last 30 days [adults 18+])

2012	2007	2002	1997
3.0%	2.7%	3.0%	3.3%

DIAGNOSED DIABETES

(Adults 18+ who have been diagnosed)

2012	2007	2002	1997
9.1%	7.8%	6.5%	5.1%

ASTHMA

(Total % with an episode in the past year)

2012	2007	2002	1997
4.4%	4.2%	4.3%	4.2%

FULL REPORT

** Covers the period January-December 2012*

*** Percentage of adults aged 18 and over who met the 2008 federal physical activity guidelines for both aerobic and muscle-strengthening activity through leisure-time aerobic or muscle-strengthening activities*

**** Adults aged 18 and over.*